

Week 6: LOVE SPELLS T-I-M-E

Identity Theme:

Your presence matters—love is felt through time and attention.

Key Message:

Love is spelled T-I-M-E.

Scripture:

1 Corinthians 13:4-7 — "Love is patient, love is kind... It always protects, always trusts, always hopes, always perseveres."

Family Activity: T-I-M-E Cards

What You'll Need: 4 index cards or paper squares, Markers, crayons, stickers, A place to post them (like the fridge or a family board)

Step-by-Step:

- 1. Create 4 cards with the letters T-I-M-E, each representing a simple way to show love:
 - T Together Moments (walk, meal, storytime)
 - I Intentional Listening (eye contact, no interruptions)
 - M Memory-Making (silly or fun activity)
 - E Encouragement (kind, affirming words)
- 2. Decorate the cards as a family.
- 3. Post them where everyone can see.
- 4. Each time someone practices one of the "T-I-M-E" expressions, celebrate it with a sticker, high-five, or hug!
- 5. At the end of the week, reflect on what those small moments meant.

Family Connection Moments

- "What's one moment this week you felt really seen or loved?"
- "When do you feel most connected to our family?"
- "What's something little we could do together that would mean a lot to you?"

Parent Practice of the Week: Presence Over Perfection: Set aside **15 minutes each day** to be fully present with your child- **No phone. No multitasking. Just you—undistracted, available, and attentive.**- These small windows of time communicate: "You matter. I'm here."